

# Internet Safety Checklist

*Follow this checklist to help your family keep safe when using the Internet.*

## *Before You Start*

- ✓ **T**alk to your family about the importance of staying safe online and the need to have an Internet safety plan for the home.
- ✓ **T**each your children how to use the Internet safely. NetAlert has a range of free educational programs for different age groups.

## *Getting Set Up Correctly*

- ✓ **D**etermine if you are connected to a family friendly Internet Service Provider. If not, switch to one which can help you with Internet safety.
- ✓ **L**ook at where the computer is set up at home. If it is in a bedroom, move it to a public area of the house where it will be easier for you to supervise.
- ✓ **M**ake sure you have safety software installed on your computer. This may include a filter and other security software such as anti-virus programs. NetAlert, your Internet Service Provider or computer retailers will be able to help you out with what to get.

## *Set Up The Family Guidelines*

- ✓ **D**iscuss with your children the benefits and risks of going online and reassure them that you are there to help if they get in trouble.
- ✓ **W**ith your children, create an Internet safety contract and set up house rules for use of the Internet.

## *When Online*

- ✓ **S**upervise and monitor the use of the Internet with your family. If issues arise address them quickly and know who to report problems to.
- ✓ **E**ncourage and support your family with their use of the Internet. Teach them to make right decisions and increase the levels of responsibility as children get older.



**Australian Government**

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